

# CERTIFICATE

**Jörg Mayr**

Date of birth: 30.08.1966

Matriculation number: 1030653



*Diese Fortbildung ist zertifiziert!*



Mr. Mayr took part in the distance learning programme

## Psychological Adviser and Business Coach

- approved by the National Agency for Distance Education –

in the period from 05.02.2021 to 05.06.2022 The student successfully submitted the course assignments.

**Scope of the course:** 23 study books and a wide range of submission papers. Online discussion and work forum to accompany the study. A five-day classroom-based seminar (50 hours) and a three-day classroom-based seminar (24 hours).

### Course content:

Distance-learning course: Sep. psycholog. counselling from psychotherapy, modern forms of communic.; NLP basic knowledge, systemic counselling methods, methods of cognitive restructuring, self-coaching, depth-psycholog. aspects of consulting and case analysis, conflict counselling, areas of work and themes in psycholog. counselling, crisis intervention, positive psychology, integration of models and methods, quality assurance and counselling practice, in-depth case work, counselling within org., executive coaching, career coaching, solutions-orientated counselling etc.

Classroom-seminars: Depth psycholog. self-awareness in the group training in communic. and social comp., counselling in practice, psycho-dramatic, cognitive behavioural therapy and depth-psycholog. case work.

**Gained qualification:** The course teaches in-depth knowledge and practical skills in the context of methods-spanning psycholog. counselling, personal and business coaching. The participants become qualified to evaluate psycholog. counselling, to plan this in writing, to initiate this and to provide a practical form of accompaniment in this area.

Darmstadt, den 08.06.2022

Maziar Arsalan  
Managing Director



Claudia Bremer  
Head of educational management

